

ROSS EQUIPMENT LIST

Years of experience have helped us develop the following list of items to bring to ROSS. We encourage you to bring everything on the list. Please do not bring fragile or expensive items that could get lost or broken. Pack your old clothes that provide warmth and comfort. It is a good idea to LABEL everything. We hike rain or shine!

CLOTHING:

- RAIN GEAR! Poncho or rain jacket and pants (This is a must!)
- 2 pairs of shoes (hiking boots, sneakers)
- Daily change of socks and underwear
- Heavy jacket and sweater or sweatshirts (fleece or wool)
- Heavy warm shirts, and light tee shirts
- 2-3 pairs long pants
- 1 pair of shorts
- Hat and gloves
- Sleepwear (warm pj's, long-johns or sweat pants)

BEDDING:

- Warm sleeping bag or 3-blanket bedroll
- Pillow (roll up in sleeping bag)
- Sheet to the cover mattress

TOILETRIES:

- Toothpaste and toothbrush
- Soap, 2 towels
- Shampoo, brush and comb
- Sunscreen, non-aerosol insect repellent
- All medicines with complete directions

MISCELLANEOUS:

- Flashlight and extra batteries (headlamps are great)
- Small knapsack/daypack
- Water bottle (32 oz)
- Swimsuit/sunglasses
- Bandana or handkerchief
- Labeled plastic bag for dirty clothes
- Cloth napkin

OPTIONAL:

- Inexpensive camera and film
- Waterproof boots
- Books for evening reading
- Playing cards

DO NOT BRING THE FOLLOWING ITEMS:

- FOOD (includes: gum, sodas, and candy)
- Radios, iPods, electronic games
- Hairdryers, curling irons
- Make-up
- Money (unless your teacher requests this)
- Jewelry or valuables
- Pocket knife



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